

ROD J. ROHRICH, M.D. PLASTIC SURGERY

EYELID (BLEPHAROPLASTY)

SPECIAL AFTER CARE INSTRUCTIONS

If you are experiencing itchy, red eyes 10-14 days after eyelid surgery, please continue with the following treatments to help reduce discomfort and ease your healing process:

- Continue to Use Refresh Plus drops (purchased separately, available over the counter) in both eyes every hour.
- Apply Refresh P.M. ointment (purchased separately, available over the counter) inside the eyelid every night at bedtime. This will make your vision blurry, but it will clear as the ointment is absorbed.
- If you awaken in the morning with eye irritation or red eye – use more Refresh PM at night as your eyelids do not close completely for a few weeks after surgery.
- Thin Steri-strips **may** be **taped** on the outer corners of the eyelid to help relieve the **symptoms**. (Dr. Rohrich and his staff will instruct you on how to apply the steri-strips.)
- Along with Refresh Plus and Refresh PM, a prescription for FML eyedrops **may** be **prescribed** if Dr Rohrich feels this is needed for you. Apply 3 drops in affected eye, 3x daily for 5 days.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL DR. ROHRICH

If you are a patient at one of the facilities below, please call between the hours of 8:30-5:00. If you need immediate care, please call Dr. Rohrich anytime on his cell. There is no such thing as a minor question. I would rather you call me than wonder and not do the right thing, so please call my office, or email me anytime.

Dr. Rohrich's cell: 214-500-4870

Dr. Rohrich's email: rod.rohrich@utsouthwestern.edu

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