

ROD J. ROHRICH, M.D.
PLASTIC SURGERY

**RESTYLANE POST INJECTION
INSTRUCTIONS**

- Please keep your head elevated for the first 24-36 hours. Sleep on several pillows at night.
- You may have some swelling and bruising for several days. Please keep ice on the area(s) for the first 24-36 hours.
- Please restrict your activities the first 24 hours. Do not engage in vigorous exercise for the first 24 hours. (Do not increase your heart rate above 100 beats per minute.)
- You can perform gentle massage of the area(s) for 3 minutes 3 times during the day for the first 3 days postoperatively – if desired.
- You may be more comfortable eating a soft diet the first day if you had your lips enhanced.
- You can apply make-up a few hours after your procedure.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL DR. ROHRICH

If you are a patient at one of the facilities below, please call between the hours of 8:30-5:00. If you need immediate care, please call Dr. Rohrich anytime on his cell. There is no such thing as a minor question. I would rather you call me than wonder and not do the right thing, so please call my office, or email me anytime.

Dr. Rohrich's cell: 214-500-4870

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Dr. Rohrich's website: www.drrohrich.com

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