

ROD J. ROHRICH, M.D.
PLASTIC SURGERY

**LIP AUGMENTATION WITH ALLOGRAFT (AlloDerm)
AFTER CARE INSTRUCTIONS**

- Eat a diet of soft food for the first week following your surgery.
- Decrease movement of mouth/lips for 3 days postoperatively.
- Apply ice compresses to the lip for the first 24-36 hours.
- Maintain normal oral hygiene.
- Gentle massage of the lip will begin after the first postoperative visit.
- Elevate your head on pillows while in bed the first week.
- Apply Vaseline ointment or lip balm cream to the lip 4 times per day for the first 3 days.
- Take medications as directed (antibiotic, pain and anti-anxiety medications.)

IF YOU HAVE ANY QUESTIONS, PLEASE CALL DR. ROHRICH

If you are a patient at one of the facilities below, please call between the hours of 8:30-5:00. If you need immediate care, please call Dr. Rohrich anytime on his cell. There is no such thing as a minor question. I would rather you call me than wonder and not do the right thing, so please call my office, or email me anytime.

Dr. Rohrich's cell: 214-500-4870

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